

This article is written by Oslo VO Servicesenter for the website <https://felles.oslovo.no>.
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Please note that this article is not updated regarding the Integration Act and its regulations. This is a simplified description of the rules. It is the text of laws and regulations that applies. Relevant laws and regulations: Utlendingsloven med forskrifter (The Immigration Act with its regulations), introduksjonsloven (the Introduction Act) and integreringsloven (the Integration Act) with regulations. Some of the content of these laws may be changed. The latest updates are found at lovdata.no.

Permanent residence permit – Required Norwegian language and Society skills/knowledge for persons under the Introduction Act

Immigrants who have the right and duty, or duty, to Norwegian language and society training according to the Introduction Act, must submit documentation of completed tuition in/ knowledge of the Norwegian language and society when applying for a permanent residence permit. Please note that this is in addition to other rules for the application for permanent residency.

With effect from 2017, persons with a duty, or a right and duty, who are applying for a permanent residence permit, must document the completion of 250 (duty) or 500 (right and duty) hours of Norwegian tuition and 50 hours of Norwegian Social studies.

To know more about 300 or 600 hours, see the article **Free or paid courses, the Introduction Act**, at the page [Rules and regulations for Norwegian language and Society](#)

Age: This has applied to applicants to permanent residence permit in the age group of 16 - 55 years. The age limit is 16 - **67** years for persons who receive their first residence permit as of 01.01.2017.

In addition to this, applicants with the right and a duty who got their first residence permit forming the basis for a permanent residence permit as of 01.09.2013, must document that they have passed:

- Norwegian language oral test (*Norskprøven*) at level A1 or better, and
- Norwegian Social studies test (in an optional language, incl. Norwegian) (*Samfunnskunnskapsprøven*)

Exemption from the duty

It is possible to apply for an exemption (*Fritak*) from the duty under the rules of the Introduction Act.

Read more about **exemptions** here: [Rules and regulations for Norwegian language and Society](#)

Documentation of completed training

The school(s) provide the documentation of 250/ 550 hours Norwegian language and the 50 hours Society course. The participant must ask for such documentation themselves at their school(s).

Oslo VO Servicesenter, 07022021.

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Kindly note that the training must be given by approved providers (schools) if the hours are to provide a basis for applying for a permanent residence permit.

All municipal adult educational centres are approved. Other approved course providers can be found at [Kompetanse Norge](#).

Kindly note that not all approved providers of Norwegian courses offer the 50 hours Society course.

Participants may use documentation from various approved course providers when applying for a permanent residency.

Approved private course providers who do not have an agreement to hold courses for a municipality, issue their own documentation on completed tuition hours. The main rule is that municipalities should not register these hours in the National Introduction Register, NIR.