

This article is written by Oslo VO Servicesenter for the website <https://felles.oslovo.no>.  
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**Please note that this article is not updated regarding the Integration Act / Integration Regulations.**

**This is a simplified description of the rules. It is the text of laws and regulations that applies. Higher requirements for Norwegian skills for citizenship are announced.**

**The Citizenship Act and the Citizenship Regulations, updated, can be found at [lovdata.no](http://lovdata.no).**

## **Citizenship & Skills in Norwegian Language & Society**

### **Rules from 2017:**

All applicants (18 - 67 years) to Norwegian citizenship must submit documentation certifying Norwegian language **and** Social studies training/ knowledge. (Please note that this is in addition to other rules for the citizenship application.)

### **Required documentation verifying Norwegian / Norwegian and social studies:**

- Have completed 300 hours of Norwegian language tuitions (without 50 hours of social studies). This applies to persons not covered by the Introduction Act.

Or

- Have completed 250/550 hours of Norwegian and 50 hours of Social studies. This applies to persons covered by the Introduction Act.

To know more about 300 or 600 hours, see the article **Free or paid courses** at the page [Rules and regulations for Norwegian language and Society](#)

### **AND**

- Have passed an oral Norwegian test at a minimum of level A2.  
This applies to all applicants 18-67 years

### **Required documentation verifying Norwegian social knowledge.**

This applies to all applicants 18-67 years.

Each of the below tests are approved:

- The Citizenship test (Statsborgerprøven)
- The Social studies test in Norwegian. (Samfunnskunnskapsprøven på norsk)  
The Social studies test in Norwegian has a little more difficult Norwegian text than the citizenship test has.

Or

- Have been granted an exemption from the obligation to complete the training in accordance with the Introduction Act.

Or

- Meet the requirements for an exemption while applying for Norwegian citizenship.

You can read more about **Exemption = Fritak** in an article at [Rules and regulations for Norwegian language and Society](#) and at [www.udi.no](http://www.udi.no) ("Fritak/unntak").